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**SEXUALITY AND
ACQUIRED BRAIN
INJURY**

ORAL PRESENTATION AND
ALL SLIDES © KAROL 2015









Describe:

- [1] hurdles to dating;
- [2] issues PWBI face in expressing sexuality; and
- [3] how to help address sexuality for PWBI.



S
E
X

yes

no

maybe

WE DON'T TALK ABOUT IT
UNCOMFORTABLE
NOT KNOW WHAT TO SAY
NO ONE TAUGHT US
GENDER ISSUES

TREAT EMOTIONS
THAT INTERFERE

SELF ESTEEM
BODY IMAGE
DEPRESSION
MIS-TRUST
ANXIETY
GUILT
PTSD
ETC

TREAT COGNITIVE
DEFICITS THAT INTERFERE
USE APPLIED SKILL TRAINING

DISTRACTABLE
MEMORY
MULTI-TASK
DISINHIBITION
LANGUAGE SKILLS
NONVERBAL PROCESSING

SEX

*SAR: SEXUAL ATTITUDE
RE-ASSESSMENT SEMINAR)*



www.lookingglass.org



Rocking the Cradle: Ensuring the Rights of Parents with Disabilities and Their Children

National Council on Disability

www.ncd.gov/publications/2012/Sep272012/

PERMISSION (P)
LIMITED INFORMATION (LI)
SPECIFIC SUGGESTIONS (SS)
INTENSIVE THERAPY (IT)

Armen, J. S. (1976). The PLISSIT Model:
A practical conceptual structure for the
behavioral treatment of sexual problems.
Journal of Sex Education
and Therapy, 1(2), Issue 2, 1-15

PLISSIT

PERMISSION

THEY ARE NORMAL
SOUNDING BOARD
REASSURANCE
GUILT/ANXIETY
FANTASIES, THOUGHTS, DREAMS
AROUSAL FEELINGS

LIMITED INFORMATION

EXPECTATIONS
GENITAL/BREAST SIZE
FREQUENCY OF SEX
MASTURBATION
MENSTRUATION
PERFORMANCE
ORAL SEX
STDs

PLISSIT

SPECIFIC SUGGESTIONS
(FOR LIMITED PROBLEM)

AROUSAL
ERECTION
EJACULATION
ORGASM
COMMUNICATION
ATTITUDES
HOMEWORK EXERCISES

INTENSIVE THERAPY

MENTAL HEALTH
ABUSE HISTORY

PLISSIT

PERMISSION STAGE OFTEN SKIPPED
NEEDS TO BE INCORPORATED
INTO OTHER STAGES AND
REPEATED
PERMISSION STAGE NEEDS
TO BE EXPLICIT AND
ENCOURAGE ENQUIRY
INTENSIVE THERAPY NEED NOT
JUST FOLLOW OTHER STAGES

TAYLOR, B., & DAVIS, S. (2007) THE
EXTENDED PLISSIT MODEL FOR
ADDRESSING THE SEXUAL WELLBEING
OF INDIVIDUALS WITH AN ACQUIRED DISABILITY
OR CHRONIC ILLNESS. SEX DISABIL. 25:135-139

SEXUAL INAPPROPRIATENESS

PLISSIT

TOUCHING
EXPOSURE
INTERCOURSE
MASTURBATION
RUBBING AGAINST
VERBAL COMMENTS
SEXUAL AGGRESSION

SANDEL, A.R., DELMONICO, R., & KOTCH, M.J.
SEXUALITY AND INTIMACY FOLLOWING
TRAUMATIC BRAIN INJURY

IN ZASLER, N.D., KATZ, D.I., & ZAFONTE, R.D.,
BRAIN INJURY MEDICINE
DEMOS MEDICAL PUBLISHING
2013